

#### tui tai expeditions

We hope you'll join us for the trip of a lifetime, during which you'll visit remote beaches, snorkel over incredible reefs, kayak to local villages, and experience the most breathtaking locations across Northern Fiji. The Tui Tai Expeditions takes guests to places they never imagined, the natural beauty of Fiji, and the kindness and warmth of the Fijian people. Tui Tai Expeditions is the premier adventure experience in the South Pacific.

#### one of the world's only truly all-inclusive expeditions

When you're enjoying a luxury-adventure expedition on Tui Tai, you don't ever have to think about the details of extra charges

because there aren't any. We've designed our service to be All-inclusive. Not "all inclusive" as some use the term, followed by a bunch of fine print explaining what isn't included. We mean that everything is included: every service, mixed drink, glass of wine or beer, every meal, all scuba diving (even dive courses), snorkeling, kayaking, spa treatments - everything. Once you board Tui Tai, the details are in our hands, and your only responsibility is to have the experience of a lifetime.



#### luxury that doesn't get in the way of adventure

The word luxury can be defined in many ways. On Tui Tai, luxury means that everything has been made easy without being soft or pretentious. For example, while you'll have same-day laundry service onboard, your clothes won't come back wrapped in paper or tied with a frilly ribbon. We focus on the kinds of luxuries that matter: nightly turn-down service, air conditioning, the best shampoos and soaps, 800-count Egyptian Cotton Sateen sheets, superb exotic food, spa treatments, and the world's kindest and most thoughtful service. The result is that Tui Tai is a luxury resort that moves through the South Pacific, offering guests views that change all day.

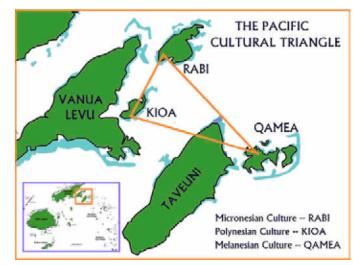


#### adventure that doesn't get in the way of luxury

Like luxury, adventure can be defined many ways. To our guests it means spontaneity, having the flexibility and the resources to do and see amazing things, both above and beneath the surface. Even on the world's least trodden beach, or surrounded by the mist of a giant waterfall, you can still get a massage right there – because we set up spa services right there. You might be kayaking up a jungle river, but our support boat makes sure chilled beverages and snacks are waiting for you upstream. Whether snorkeling, scuba diving, kayaking, hiking, mountain biking, visiting remote villages, or just sailing the clear blue waters, all our activities have been equally enjoyed by a 26-year old tri-athlete and an active 74-year old world traveler - and everyone in between.

#### pacific cultural triangle

Tui Tai is the only luxury-adventure ship operating in the Pacific Cultural Triangle, providing guests a remarkable look at three distinct cultures that history and circumstance have put together within a nearby triangle of islands. In addition to visiting islands where indigenous Fijians live, Tui Tai sails to islands where Polynesians and Micronesians were relocated after World War II, and where the villagers live in their historically natural ways. Only the Pacific Cultural Triangle offers adventurers a chance to experience such strikingly different cultures and histories during a one-week visit.





#### rabi island

Micronesian people, originally from Banaba in equatorial Kiribati. Settled on Rabi Island in Fiji on December 10, 1947.





#### kioa island

Polynesian people, originally from Tuvalu in the Western margin of the Pacific. Settled on Kioa Island on October 12, 1948.

#### taveuni island

The native Fijian people of Taveuni island have a long and proud history here. It was this island that is celebrated for defeating the Tongan King "Ma'afu" and preserving Fiji's Melanesian culture.





## underwater experiences for everyone

As part of your adventure experience you will get a chance to view the colors and beauty of Fiji's reefs and marine ecosystems. You don't have to be a certified scuba diver; we visit some of the best snorkeling sites in the



world. Certified divers will love the world-renowned dive sites in Northern Fiji, featuring dives that combine crystal clear visibility, big fish encounters, colorful

coral, exotic small critters and

breathtaking underwater topography. Tui Tai Expedition Cruises is a PADI IRRA International Dive Boat. Our instructors onboard can take you on a "Discover Scuba Dive" without any prior dive experience –and don't forget, it's all-inclusive, so why not try Scuba Diving? If you're already a certified diver, you can further your skills by completing the Advanced Openwater Course or a few Specialty Dives. Any charges that PADI charge for administration is not included but this charge is only small.



## ecotourism and sustainable development

Tui Tai Adventure Cruises is operated with complete commitment to Ecotourism, fostering partnership and development with indigenous groups. Local villages share in the economic benefits provided by our operation. Tui Tai has fully funded new schools, purchased medical supplies and sponsored community development projects. By joining the adventure

cruise, you are making a contribution to raise the standard of living in the more remote islands of Fiji.

An onboard marine biologist

provides daily presentations on efforts to protect Fiji's reefs and marine environment. Presentations are designed to increase awareness by teaching about the various fish, corals and other marine organisms that may come under threat. It's a fun way to learn more about what you see on your snorkel and dive activities.



## accommodations & amenities

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#### the a/s tui tai, luxuryadventure class

During 2006, Tui Tai Expedition Cruises completed a major renovation of the ship and onboard services to bring it to a standard of

#### highlights

- All cabins & staterooms have en suite private bathroom with shower, hot water, adjustable air-conditioning, ocean-view windows, hair dryers, nightly turndown service, and are fully private.
- Onboard Spa, Spa Viram, provides a variety of rejuvenation spa treatments and massage.
- Sun deck day beds, 5 plush day beds on our main deck
- Star deck private cabanas, 4 day bed style cabanas offering privacy, shade and incredible views
- Fresh cook outdoor kitchen and bar serving area on the sun deck
- Adventure gear: Kona Mountain Bikes, Perception Kayaks, ScubaPro dive/snorkel gear
- Onboard Naturalist and Marine Biologist to provide evening presentations
- Onboard medic, with an upgraded ocean-going medical kit
- Onboard Scuba Dive Instructors offering PADI scuba dive courses

Luxury Expedition Class.





#### oversea veranda suite

One available (300 sq. ft / 28 <u>sq. mt</u>) Private rooftop cabana (200 sq. ft / 19 <u>sq. mt</u>)

This spacious suite has its own enclosed veranda with stunning direct-to-ocean views. Enjoy a private entry far from other cabins, private bathroom with shower and pebble floors, air conditioning, oversized luxury towels of 100% two-ply Turkish Cotton, a king and single beds with 1000-count Egyptian Cotton sheets.

Personal entertainment systems with plasma style LCD/TV, DVD/CD player, an iPod docking station, and a dedicated radio-telephone for receiving and placing international calls (operates at most but not all anchorages).

#### features

- Complimentary slideshow DVD of images from your trip (taken by our onboard photographer)
- Complimentary Pure Fiji gift package
- Private dinner served on a secluded beach (optional serenade)

This suite boasts an enormous private cabana on the rooftop, accessible only from your veranda. Private stardeck cabanas feature the best views on the ship (and therefore the best views in the world), plush daybeds, oversized cushions and a table. Relax outside, gaze at the stars (some guests even sleep outside under the stars); and enjoy two decks of total privacy, comfort and space.

Guests in this suite have the experience of their own private yacht, including all onboard services at no additional cost (bar, spa treatments, scuba diving, laundry are all included).



#### oversea veranda stateroom

One available (205 sq. ft / 19 <u>sq. mt</u>) Private rooftop cabana (120 sq. ft / 11 sq. mt)

This spacious stateroom has its own enclosed veranda with stunning direct-to-ocean views. Enjoy a private entry far from other cabins, private bathroom with shower and pebble floors, air conditioning, oversized luxury towels of 100% two-ply Turkish Cotton, and a queen sized bed with 1000-count Egyptian Cotton sheets.

Personal entertainment systems with plasma style LCD/TV, DVD/CD player, an iPod docking station, and a dedicated radio-telephone for receiving and placing international calls (operates at most but not all anchorages).

#### features

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Guests in this stateroom have the experience of their own private yacht, including all onboard services at no additional cost (bar, spa treatments, scuba diving, laundry are all included).



#### grand stateroom

One available (164 sq. ft / 15.2 sq. mt)

Relax in a spacious and luxurious stateroom, with its own sitting area and doors that open out onto the bridge deck and the sea beyond. The Grand Stateroom offers complete privacy, ensuite bathroom, air conditioning, a king and single beds. Large windows and floor to ceiling glass windows offer exquisite views. The Grand Stateroom features a personal entertainment system: plasma style LCD/TV, DVD/CD player, and iPod docking station.



#### stateroom

One available (114 sq. ft / 15.2 sq. mt)

Smaller than the Grand Staterooms, yet offering the same luxury features: complete privacy, ensuite bathroom, air conditioning, and queen size bed. Floor to ceiling glass windows offer premium views. The Stateroom features a personal entertainment system: plasma style LCD/ TV, DVD/CD player, and iPod docking station.



#### expedition cabin

Eight available (each 96 sq. ft / 8.9 sq. mt)

Each Expedition Cabin offers a double bed that sleeps two, adjustable air-conditioning, and private bathrooms en suite. Select Expedition Cabins have a Pullman bunk for twin sharing or a third guest. Observation windows offer views of the sea.





#### lounge

There are comfortable spaces throughout the ship so you can

relax and unwind after full day's adventure. The stardeck offers 2 cabanas where guests can enjoy spectacular views of Fiji's verdant islands or gaze up at the bright stars at night. The sundeck has 5 plush daybeds. Guests can lounge and enjoy the company of new friends while taking in the scenery. The main deck has an open air lounge for those who want to escape the sun while still taking in the warm ocean air. The main lounge is furnished with 3 cozy daybeds, couches, full bar, air conditioning, entertainment system with plasma style LCD/TV, DVD/CD player, and a satellite phone for placing international calls.

We use the lounge frequently for safety briefings, nature and cultural interpretation, marine biology and conservation talks.





Imagine bringing a group of people of your choosing on a Tui Tai Charter. You're the trip leader, the person who gets the pleasure of making the making an unforgettable adventure possible.

#### full boat private charter

Tui Tai Private Charters are the ultimate vacation experience. You get the whole ship to yourself (which means a lot of ocean and islands all to yourself too!). Tui Tai Staff will customize an itinerary that matches your wishes.

#### half boat charter

We have special prices available for you to charter half the ship. Perfect for smaller groups.

#### upper deck - half boat charter

Ideal for groups of 5-8, includes Stateroom, Grand Stateroom, Oversea Veranda Stateroom and Oversea Veranda Suite.

lower deck - half boat charter

Ideal for groups of 12-18, includes 8 Expedition Cabins.



#### customized itineraries

On our Private Charters, our staff work with you to design a custom itinerary, tailor made to fit the desires of your group. You are in control, and with our expertise, you'll enjoy a unforgettable adventure.

#### itinerary options

- Surfing Expeditions
- Cultural Exchange and Humanitarian
  Projects
- Family Adventures
- Fishing
- Scuba Diving
- Bird Watching



#### dining

During the Tui Tai expedition, your dining experience will be filled with tasty meals cooked to your liking, breathtaking sunsets as your background, icy cold beverages and indulgent desserts. All of your meals are prepared and served outside: on our main deck al fresco ding area, or on a remote beach, or near cascading waterfalls. Your cuisine and dining experience will deliciously merge into the colorful natural environment of Fiji.

The menu has been designed by renowned local chef Vijen Kumar. Vijen owns and operates his own restaurant and has worked at several 5-star resorts as head chef. His favorite dishes combine the best locally grown produce and fresh caught seafood into delicious Asian and Western style recipes.

### morning & afternoon tea, fresh fruit

Throughout the day you'll find several tasty snacks, fresh fruit, an array of exotic loose leaf tea and gourmet coffee.



#### breakfast

One of the most important meals of the day. You can choose amongst several cooked breakfast options (made to order to your liking) and/or our cold breakfast.

#### lunch

Often we find ourselves having lunch on a remote beach, enjoying a shady spot and a tropical breeze. One day, we'll have lunch near the waterfalls, in the middle of the lush rainforest.

#### dinner

Dinner is an enchanting and social occasion in Fiji. Musical entertainment of local Fijian songs by our crew will set a casual atmosphere. The outdoor dining area, illuminated by lanterns and celestial lights, becomes an opening discussion of the day's activities, highlights, storytelling and laughter.

Our standard menu includes options for the most common dietary needs and our chef can adjust recipes and make customized dishes to suit nearly any preference or nutritional restriction. Just let us know.

## TURE TAL EXPEDITIONS FIJI ISLANDS

## activities



#### featured activities

Many of which have been subject of major articles and cruise reviews.

We offer a wide variety of adventure activities and cultural interaction during the adventure cruise. Below is a summary of some of our favorite activities. Feel free to do as much or as little as you like during the trip – there are recommended activities each day, but we can supply guides and equipment for almost any adventure you'd like to do! If you would like to do an activity, let us know and we will arrange a guide and send you on your way.

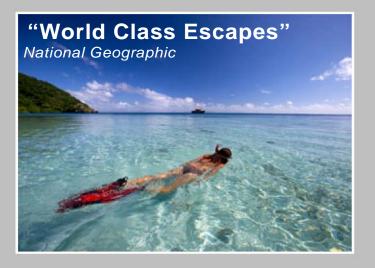


#### scuba diving

Fiji is one of the world's most popular tropical dive destinations and much of this interest is due to the superb diving in the north around Taveuni, the Ringgold Atolls, Rabi and Kioa's acclaimed reefs. Here we find reefs ablaze with every colour of the rainbow, as multi-hued soft corals and fish feed in the tidal currents. Add to this clear, warm tropical waters and you have truly world-class diving. Tui Tai Expedition Cruises is a PADI IRRA International Dive Boat. Our instructors onboard can take you on a "Discover Scuba Dive" without any prior dive experience, or you can further your skills by completing the Advanced Openwater Course.

#### highlights

- Kokoda Point, crystal clear visibility and good spot for pelagics
- Somosomo Strait, enjoy the color of "Rainbow Reef"
- Rabi Island, pristine coral gardens
- Dolphin Bay, frequent dolphin encounters



#### snorkeling

Experience Fiji's best snorkeling sites throughout 5 distinct, pristine reef regions. The adventure cruise will take you snorkeling each day in a new region amongst Fiji's best snorkel areas. Snorkel in Natewa Bay, Vanua Levu, Taveuni, Kioa/Somosomo, Rainbow Reef, the Ringgold Atolls and Rabi Island, to truly experience what the color of Fiji's reefs. Holiday activities will not be limited to just scuba diving; you will get into Fiji's lush rainforests, paddle along rivers, visit traditional villages, swim in refreshing waterfalls, relax on deserted sandy beaches and more!

#### highlights

- The Farm, perhaps the greatest snorkel site in Fiji
- Dolphin Bay, frequent dolphin encounters
- Ringgold Lagoon, crystal clear
  visibility and good spot for pelagics





#### kayaking

Kayaking is one of the greatest ways to explore and discover the beauty of nature. From the seat of your kayak, you can explore a sunken volcanic crater in the Ringgold Atolls. Another day you'll explore a jungle river that takes you into the rainforest interior of an island. And on another day you'll follow the rugged Taveuni coast, counting waterfalls, and then paddle up a creek and into a series of 3 waterfalls.

#### highlights

- Cobia Island, kayak inside the sunken volcanic crater
- Buca River, river kayak and explore the rainforest island interior
- Lavena Coast, kayak from the sea to a creek and into a cascade of waterfalls
- Natewa Bay, sea kayak and enjoy the tranquility of the largest bay in the southern hemisphere

#### hiking & walking tours

Tui Tai activities include a range of hikes and walks. Some are very easy and others moderately strenuous. Every day there's a range of hikes: from walking tours of villages to challenges treks through the rainforest. From hiking up a tree-rooted staircase, to a leisurely stroll down an empty beach. Guides are always available and we encourage you to stay with them, they will point out many interesting things about

the places you visit (medicinal plants, edible plants, historic sites, myths and legends).

#### highlights

- Bouma National Heritage Park, hike through the rainforest and swim in the Tavoro Waterfalls
- Cobia Island, hike to the summit of the atoll's volcanic crater
- Lavena Coastal Trek, experience this rugged, beautiful coastline. A mix of rainforest, beaches, waterfalls



#### mountain biking

Set your own pace on our bike rides. We pass along the coastline of some beautiful islands, and cycling is a excellent way to see the real Fiji. You will pass remote communities, attracting a friendly wave and the local greeting "Bula." Children will likely come to the road side to get a closer look at a rare and exotic sight (you). Remember, while traveling in Fiji you are exotic to the locals as they are to you, they find your equally charming and intriguing. Feel free to stop and chat, that's the Fiji way of things.

#### highlights

- Taveuni Biking to Bouma National Heritage Park
- Buca Bay Coastal Bike
- Rabi Island, Tabiang to Nuku
- Taveuni Island, Visit Wairiki Church and the International Date Line



#### village visits & culture

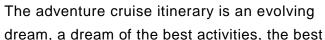
Instead of just walking through a village as a curious tourist, a Tui Tai Guest can get involved, establish relationships, provide important services, deliver supplies, teach about resource management, and share new resources. The Tui Tai is now seen by islanders as bringing assistance, support, encouragement, and new friends – not just tourists. Villagers welcome Tui Tai guests in ways tourists on conventional vacations could not reasonably expect: With love, gratitude, entertainment, music, positive anticipation, and deep friendship.

#### highlights

- Traditional yaqona ceremony and Fijian meke on Taveuni
- Polynesian dancing and singing on Kioa
- Micronesian dancing and singing on Rabi
- Opportunities to visit schools and bring humanitarian supplies

## TURE TAL EXPEDITIONS FIJI ISLANDS

## itinerary



"may your memories

live up to your dreams!"

dream, a dream of the best activities, the best islands, the best dive and snorkel sites, and the greatest people we have ever come across. We use the word evolving because the itinerary seems to change on its own, and always for the better. Fiji and Nature and the nature of Fiji have all taught us to become comfortable with spontaneity, to welcome those spontaneous events and developments that have led to so much discovery.

Over the years, we've explored nearly all of the Fiji's island regions; one remote island, we met a wise man who said: "May your memories live up to your dreams." This pearl of wisdom became a source of inspiration for us and we fondly pass it along to you. In its ever-changing form, always open to the spontaneous, the adventure cruise itinerary exists so that your dreams can be converted into memories.

Vinaka and best regards!

Tige and Morika Young Owners & Founders of Tui Tai Expedition Cruises



#### sample itinerary

This is a sample itinerary because activities often arise spontaneously (a sudden invitation from a villager, dolphins or whales swimming by, the discovery of a new dive site, weather changes, etc), and because we don't want anything carved in stone. Though we can't know all you might experience during your expedition, here's some of what often occurs:

7-night Tui Tai Adventure Cruise Itinerary





#### monday: natewa bay, vanua levu

A scenic drive along pristine coastline takes you

from Savusavu to Natewa Bay. Natewa Bay is a magically quiet location with no signs of development or visitors from the modern world. Upon boarding and checking in to your stateroom or



cabin, enjoy a snack and a complimentary foot massage from our onboard spa therapist.

#### activities

- Guided Snorkeling "Pipedream"
- Dolphin Viewing
- Sea Kayaking "Natewa Bay Coastline"
- Scuba Diving (1): "Natewa No Cry"





Welcome to the island of Kioa, the only island in Fiji whose people are Polynesian. Originally from



the island nation of Tuvalu, the Kioans are masters of handicrafts and fishing. We'll typically see Kioan fisherman wave to us as they paddle out to sea in their hand-made outrigger canoes. Around midday, we'll visit the village and learn from their

elders how these people came to live in Fiji.

#### activities

- Guided Snorkeling "The Farm"
- Mountain Biking "Buca Bay Coastal Trail"
- Polynesian Village Visit "Salia Village"
- Scuba Diving (4): "Great White Wall (weather and tide permitting)," "Rainbow Passage," "Black Magic," "Black Magic (Night Dive)



#### wednesday: taveuni island, bouma national heritage park

Welcome to Taveuni, the Garden Island of Fiji. Experience lush rainforests and gushing waterfalls as you visit the Bouma

National Heritage Park. One of Fiji's best conservation and Ecotourism success stories, the National Heritage Park includes 3 sets of waterfalls where you can relax and swim.

#### activities

- Mountain Biking "Bouma Road"
- Hiking "Bouma National Heritage Park" and the "Tavoro Waterfalls"
- Melanesian Village Visit "Wiwi Village"
- Scuba Diving (2): "Purple Wall," "Seven Bommies"

#### thursday: cobia island, ringgolds

By now, you'll be far away from any main islands, anchored alongside seven tiny atolls. Known as the Ringgold Isles, each

is surrounded by a barrier reef that drops into the deep blue sea. Within the reef is a magnificent lagoon, teeming with life and remarkable colors.

#### activities

- Hiking "Cobia Crater Summit" •
- Guided Snorkeling "True Blue"
- Sea Kayaking "Cobia Crater and Ringgold Atolls"
- Scuba Diving (3): "Kokoda Point," "Wall Street," "Eel Diamond"



#### friday: rabi island, tabiang village

Rabi Island is another of Northern Fiji's hidden treasures, rich in history and natural beauty. It is now inhabited by Micronesian people relocated

from the equatorial islands of Kiribati after World War II. In the afternoon, you can meet these unusual people, hear their stories and experience their culture. Micronesians are famous for elaborate and powerful dances.



#### activities

- Guided Snorkeling "Dolphin Bay"
- Micronesian Dance Performance
- Mountain Biking "Tabiang to Nuku"
- Scuba Diving (3): "Kesteven's Corner," "Yellowstone," "Purple Haze"



#### saturday: taveuni island, lavena village

The rugged coastline near Lavena Village stretches along the eastern side of Taveuni

and contains over 100 waterfalls! Experience the ultimate multisport adventure day: sea kayak the coast, explore a river that contains 3 waterfalls, hike to another set of waterfalls for a



swim, and then trek along the coast back to a white sand beach for lunch!

#### activities

- Sea Kayaking "Lavena Coast"
- Hiking "Lavena Coastal Trail"
- Scuba Diving (3): "Stillwater," "Black Rock,"



#### sunday albert cove, rabi island

We return to the island of Rabi, but this time to a different side on the remote Northern Coast. Albert Cove is a beautifully protected harbor featuring one of the best white sand beaches in all of Fiji.



#### activities

- Guided Snorkeling "Albert Cove,"
- Sea Kayaking "Albert Cove"
- Scuba Diving (3): "Albert's Wall," "Fat Albert," "Hard Coral Cafe"

#### monday, savusavu

Time to say goodbye. Here; are a few words from the farewell song: "i levu tu na ua... mai

na Tui Tai, nanuma tiko ga." This means "Soon you'll be sailing far across the sea; but please sometime just try and remember us and remember the Tui Tai."

# FIJI ISLANDS

## spa, yoga & meditation

#### renew, restore, awaken

Spa Viram (the Sanskrit word for relaxation) is our onboard relaxation and restoration center. Our Spa offers treatments designed to fit the needs of our active daily schedules. Other treatments focus on relaxation and restoration using tropical ingredients and traditional Fijian body working techniques. Tui Tai's "Destination Spa" takes treatments off the boat and into the tropical splendor of Fiji. All our treatments use Pure Fiji products. For scheduling or questions, contact our Spa Specialist or any of our onboard hospitality staff.

Tui Tai has daily Mana Yoga classes that stimulate circulation and flexibility so guests are ready for an active day. We also practice yoga and meditation at awe inspiring locations that will take you to places you never imagined.

#### features

- Onboard Spa
- "Destination Spa" features teatments encompassed by Fiji's natural beauty.
- Restorative pre and post athletic treatments
- Relaxing massage treatments
- Renewing body treatments
- Pure Fiji products
- Daily morning yoga
- Yoga and meditation at majestic locations



## spa viram massage menu of services

#### divers delight

Remove all tension from your neck and shoulders, with a combination of Swedish and deep tissue techniques. Hot stones and essential oils stimulate blood-flow to your muscles, creating total body relaxation.

20, 30, 60 minutes

#### pre sports massage & sunscreen

Let the games begin! Prior to mountain

biking, kayaking, or hiking, receive an invigorating massage to warm up the muscles. The sports massage can be designed to suit the limbs of choice and action. Concludes with a sunscreen application to protect your skin. 20 minutes

#### post sports massage

After a long outdoor activity, your muscles are tired. Our post sports treatment combines a light massage with cold therapy stones to prevent the lactic acid build-up that causes tightness and aching.

20 minutes



#### destination massage menu of services

#### taveuni touch

The pounding heartbeat of the Bouma Waterfall provides the soundtrack, and a Fijian mastertherapist provides the touch that will take your soul deep into its nature. 20 minutes

#### stranded on a deserted island

Not just a fantasy now: A massage on a powdersand beach under the shade of a swaying palm tree. Become sand in the hands of your therapist and dissolve into these beautiful surroundings. 30, 60 minutes

#### the ultimate spa experience

Give yourself this heavenly experience that explores and soothes your five senses: essential oils, colors, the Tibetan singing bowl, a sensory journey of dry body-brushing and soft stroking on your skin, and the melting touch of your therapist's hands. Finish with a refreshing platter of nature's fruits and a cup of herbal tea.

2 hours



#### body treatments menu of services

#### s.o.s (sails of savusavu)

Soothe away the heat of sunburn and nourish your skin with this refreshing cooling body wrap. A feather-light application of nature's ingredients and the gentle draping of a chilled cloth will help replenish the moisture loss and damage that can result from sun, wind, heat and salt. This treatment includes a scalp treatment of warm oil and massage while your skin cools.

20, 30, 45 minutes



#### floating feet

The perfect gift for tired feet: Soak your feet and lower legs in an array of scented milk-bath



and flowers. Remove dull layers with an exfoliating coconut sugar rub. Hydrate your feet with a massage using volcanic hot/cold stones and essential oils. Also available at Taveuni

Bouma Waterfalls Location (without hot stones) 30 minutes



#### mana yoga

Yoga happens every day on Tui Tai. Our custom designed yoga program "Mana Yoga," is named for the islander term for magic and spirit.

"Mana Yoga" includes stretching, meditation and breathing.. .the perfect way to acclimate to the islands.

#### good morning 'yadra vinaka'

Awaken your body every morning with Mana Yoga on deck or at the beach. Poses inspired by the natural beauty of Fiji are woven together with the breath to create dynamic sequences. You will be energized, flexible, and your muscles will be ready for any activity you take on that day.

#### bouma pools

#### stretch to the sound of the falls

The elements of earth, water, air, and sound come together while you meditate and stretch standing knee deep in a crystal clear pool at the base of a majestic waterfall. Feel the smooth riverstones below your feet as the cool water flows gently past. Hear the heartbeat of the pounding waterfall and the song of the rainforest.



#### meditation

cobia crater summit meditation

At the summit of uninhabited Cobia Island use the breath to bring you to a place of balance and

clarity where you exist in the

present. Let yourself be lead through a guided mediation at one of nature's most unusual creations: a volcanic caldera filled in by the sea.





## humanitarian Work

## instead of activities, we facilitate activism

Our guests have assisted on Humanitarian trips that brought doctors to remote islanders who hadn't ever been treated by a doctor. Guests went along on the eight-island Humanitarian tour by Jazmin Grace Grimaldi, daughter of Monaco's Prince Albert. That 2006 tour led

to a new water collection system and storage tanks for a tiny village called Yanuca, classroom chairs and tables for a school in Rabi where students had been sitting on the floor, and 18,000 doses of pre-natal vitamins provided to a hospital that had none.

Other guests joined rock star Alanis Morissette on a humanitarian trip to islands damaged by a rare cyclone. Morissette's trip brought emergency supplies such as food and drinking water; and also wheelchairs. The 2007 trip uplifted spirits by delivering Christmas toys for the kids, guitars and musical instruments for everyone.

Many people who have enjoyed success in business come to ask how they can give something back to the world. Tui Tai is grateful to be able to facilitate the experience of direct giving, while also helping people seeing the world's most beautiful places, and most beautiful faces.



## medical supplies distribution, education and

#### tui tai scholarships

Adopt/Sponsor one of the bright minds from the islands you have visited. Depending on age/ year in school, a donation of \$300-\$1000 Fijian

Dollars can pay for an entire year of school for a student. You can choose to make a "Tui Tai Scholarship" by reviewing the applications that have been submitted by students; or you can visit the



school and interview students

yourself. The scholarship beneficiary will keep in touch with you via email (with help from Tui Tai's office) to let you know how they're doing in school, favorite subjects, sports.

Many of the best students fail to reach higher education due to a lack of school fees and other financial conditions that prevent them from reaching their potential. Your sponsorship will directly enable an aspiring student to reach for his/her dreams. And you will have a relationship that lasts far beyond the length of your trip.

#### assessment Villages in remote islands are fortunate if they have any basic medical supplies. On many occasions we have found people suffering from pain and conditions that are cured by simple

over the counter medicines. In addition to distributing medical supplies, you will spend time with nurses and other members of the village medical clinic to help them understand how to use medicines.

## school supplies distribution and education assessment

Remote Island schools are constantly in need of school supplies. Visit a school in session and distribute school supplies. Speak to the teachers and complete an assessment of the school. Educational assessments help us determine future humanitarian needs, an important part of making real improvements to village schools.

#### expedition pick-up & drop-off

Below you will find information regarding transfers,

#### 7-night expedition savusavu to savusavu

Begins: Monday Ends: Monday in Savusavu Boards: Savusavu

Morning Transfer: 9:30am, boards Tui Tai at 10:30am

Afternoon Transfer: 4:00pm, boards Tui Tai at 4:30pm

Transfers from Savusavu airport and local Savusavu resorts are included.

Flights required: Nad i-Savusavu and Savusavu-Nadi

#### 5-night expedition savusavu to taveuni

Begins: Monday

Ends: Saturday in Taveuni

Boards: Savusavu

Morning Boarding: 9:30am-10:00am

Afternoon Boarding: 4:00pm-4:30pm

Monday transfers from Savusavu airport and local Savusavu resorts are included. Saturday transfer from Tui Tai to Taveuni airport and local Taveuni resorts are included.

Flights required: Nadi-Savusavu and Taveuni-Nadi.

boarding times and departure times.

5-night expedition taveuni to savusavu

Begins: Wednesday

Ends: Monday in Savusavu

Boards: Taveuni, with transfer to Navakacoa. Taveuni

Morning Transfer: 9:30am, boards Tui Tai at 10:30am

Afternoon Transfer: 4:00pm, boards Tui Tai at 4:30pm

Transfers from Taveuni/Matei airport and local Taveuni resorts is included. Guests will be transferred to the remote harbour known as "Navakacoa." Note that the harbour is the

same transfer area used by Matangi Island Resort and Qamea Beach Resort. Monday transfer from Tui Tai to Savusavu airport and local Savusavu resorts are included.

Flights required: Nadi-Taveuni and Savusavu-Nadi.

#### private charter

Take the opportunity to relax, unwind and enjoy special times with friends and family, while being pampered by a personal and professional crew onboard your own private Cruise Yacht, the "Tui Tai."

#### honeymoon special

We provide an array of special services to our guests who join us for their honeymoon, these include:

- Complimentary bottle of champagne
- Complimentary Pure Fiji gift package •
- Complimentary foot soak and massage treatment •
- Private dinner served on a secluded beach (optional serenade) •

#### family expedition special

Note that our minimum age for regularly scheduled expeditions is 14 years old. However, throughout the year we have scheduled "Family Friendly" cruises where the minimum age is lowered to 8 years old. As a courtesy to our adult guests, family cruises are scheduled in advance so all of our guests are aware, prior to booking, if a date may have any children under age 14.

- Family of Four: 3 Pay, 4th Pays Half-Price •
- Family of Five: 4 Pay, 5th Goes FREE •

